

This institution is an equal oppurtunity provider

Week 4	Monday, Sept 4, 2023	Tuesday, Sept 5, 2023	Wednesday, Sept 6, 2023	Thursday, Sept 7, 2023	Friday, Sept 8, 2023
Hot Lunch		Korean BBQ Meatballs	French Toast Sticks	Chicken Gyro	Bacon Mac & Cheese
	HAPPY LABOR DAY	Steamed White Rice	Turkey Sausage Patties	Pita, Grilled Chicken	Dinner Roll
		Celery Sticks & Dip	Garden Green Salad w/Dressing	Tomatoes & Cucumbers	Crisp Salad w/Dressing
		Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Vegetarian		Egg Fried Rice		Stuffed Breadsticks w/Dip	Grilled Cheese Sandwich
Allergen Free		Chicken Sukkhar	Beef Fried Rice	Spice Rubbed Chicken Filet	Beef Taco Meat over Rice
Week 5	Monday, Sept 11, 2023	Tuesday, Sept 12, 2023	Wednesday, Sept.13, 2023	Thursday, Sept 14, 2023	Friday, Sept 15, 2023
Hot Lunch	Chicken Tender Wrap	Sweet & Sour Chicken	Walking Beef Taco	Egg Fried Rice	SW Chicken Empanada Hot Pocket
	Flour Tortilla, Chicken Tenders	Steamed White Rice	Doritos, Seasoned Beef	Sliced Cucumbers w/Dip	Fresh Broccoli w/Dip
	Shredded Cheese, Boom Sauce	Chilled Sweet Pea Salad	Shredded Cheese, Cheesy Refried Beans	Fruit of the Day	Fruit of the Day
	Steamed Corn, Fruit of the Day	Fruit of the Day	Fruit of the Day		
Vegetarian	Cheesy Pull Aparts	Veggie Hot Pocket w/ Dip	Bean Nachos		Buttermilk Pancakes w/ Cheesy Omelet
Allergen Free	Chicken Supreme	Beef Nachos	Marinated Grilled Chicken Filet	Chicken Pilaf	Beef and Potatoes
Week 6	Monday, Sept 18 2023	Tuesday, Sept 19, 2023	Wednesday, Sept 20, 2023	Thursday, Sept 21, 2023	Friday, Sept 22, 2023
Hot Lunch	Chicken Nuggets	Swedish Meatball w/Gravy	Frito Enchilada Nachos	Butter Chicken	Brunch Lunch
	Cool Ranch Doritos	Mashed Potatoes	Enchilada Chicken, Shredded Cheese	Steamed White Rice	Pancakes, Fruited Yogurt Cup
	Grape Tomatoes w/Dip	Celery Sticks w/Dip	Sour Cream, Steamed Corn	Sliced Cucumbers w/Dip	Garden Salad w/ Dressing
	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Vegetarian	Grilled Cheese Sandwich	Veggie Quesadilla	Garden Veggie Burger	Bean & Cheese Burrito	French Bread Pizza
Allergen Free	Chicken Fried Rice	Beef and Broccoli	Chicken Fajita w/Rice	Beef Meatballs	Chicken & Potatoes
Week 1	Monday, Sept 25, 2023	Tuesday, Sept 26, 2023	Wednesday, Sept 27, 2023	Thursday, Sept 28, 2023	Friday, Sept 29, 2023
Hot Lunch	Mac & Cheetos	Bengali Chicken & Potato Kathi	All Beef Hot Dog	Sesame Chicken	
	Celery Sticks w/Dip	Flour Tortilla, Chicken & Potato Filling	French Fries	Steamed White Rice	
	Fruit of the Day	Bengali Sauce	Cucumber Slices w/Dip	Chilled Sweet Pea Salad	PAPA JOHN'S
		Baby Carrots Fruit of the Day	Fruit of the Day	Fruit of the Day	PIZZA DAY
Vegetarian		Stuffed Dipping Bites w/Sauce	Veggie Burrito	Grilled Cheese Sandwich	
Allergen Free	Beef & Scallion	Chicken Sukkhar	Beef Fried Rice	Spice Rubbed Chicken Filet	