

# Confirmandi and Sponsor Discussion Questions

**Purpose:** Confirmandi will most likely have a relationship/friendship with the person they choose to be their sponsor. We hope they have had conversations in the past about the faith but know that may not always be the case – especially when the sponsor lives far away. The following information is meant to provide a framework for a conversation between the Confirmandi and their Sponsor to share information about their personal faith journey. The topics presented below are there to facilitate a brief conversation on each subject and not be answered with a simple Yes/No response. Please feel free to discuss other topics/aspects about the Catholic Faith and Sacrament of Confirmation as well.

**Method:** Confirmandi and Sponsor should both review discussion topics prior to meeting so they have some ideas regarding what they want to say for each question. Ideally the conversation will take place face to face but may also take place over the phone, Skype/Facetime etc... There is limited space to capture a brief note for each question. Focus on having a good interactive conversation and less about collecting all the details. Consider entering a brief response for each topic after your meeting.

**Outcome:** The goal of this activity is to begin a dialog about the Catholic faith that will continue for a lifetime through the information shared.

## Begin with the Sign of the Cross

### Opening Prayer (pray together)

Hail Mary, full of grace. The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death. Amen.

### Confirmandi Questions for Sponsor

- How old were you when you got Confirmed? \_\_\_\_\_
- Who did you choose to be your Confirmation Sponsor? Why? \_\_\_\_\_
- Is your Confirmation sponsor actively involved in your life/faith journey? \_\_\_\_\_
- What do you remember most about your Confirmation? \_\_\_\_\_
- Why did you want to be Confirmed? \_\_\_\_\_
- Did you have friends that went through Confirmation with you? \_\_\_\_\_
- How has the sacrament of Confirmation helped you in your faith journey/life? Give specific examples...  
\_\_\_\_\_
- What did you do to continue learning about the Catholic faith after you were Confirmed? \_\_\_\_\_
- If you could give me one piece of advice related to preparing to receive the Sacrament of Confirmation what would it be? \_\_\_\_\_

### **Questions for Both to Answer**

- Who did you pick for your Confirmation Saint? Why? \_\_\_\_\_
- What do you like most about being Catholic? \_\_\_\_\_
- What's your favorite Sacrament? Why? \_\_\_\_\_
- How often do you go to Confession? \_\_\_\_\_
- How often do you pray? \_\_\_\_\_
- What do you pray? \_\_\_\_\_
- Do you have a Rosary? What color is it? Who gave it to you? Do you know where it is? Do you know how to pray the Rosary? \_\_\_\_\_
- Do you ever pray the Chaplet of Divine Mercy? \_\_\_\_\_
- What's your favorite prayer? Why? \_\_\_\_\_
- Ever prayed for a special intention that God answered? If yes what was it? \_\_\_\_\_
- Do you spend time reading the Bible? \_\_\_\_\_
- What's your favorite story in the Bible? Why? \_\_\_\_\_
- How often do you go to Mass? (Sundays, Days of Holy Obligation, Daily etc...) \_\_\_\_\_
- Do you like going to Mass? \_\_\_\_\_
- What's your favorite Catholic/Christian book you've read? Why? \_\_\_\_\_
- Are you reading any Catholic/Christian books now? \_\_\_\_\_
- Do you have a favorite Homily that you remember? \_\_\_\_\_
- Do you have friends who are Catholic? Christian? \_\_\_\_\_
- Ever thought about being a Priest (boys) or Religious Sister (girls)? \_\_\_\_\_

### **Sponsor Questions for Confirmandi**

- Are you excited about getting Confirmed? \_\_\_\_\_
- What are you doing to prepare for being Confirmed? \_\_\_\_\_
- What was the most interesting thing you've learned to date in your Confirmation preparation? \_\_\_\_\_
- Why do you want to be Confirmed? \_\_\_\_\_
- What life long lasting effect would you like Confirmation to have on you? \_\_\_\_\_
- Describe your favorite Catholic moment/memory/feeling? \_\_\_\_\_
- Ever experience God's help and know for sure it was God who helped you out? \_\_\_\_\_
- Do you have friends in Confirmation class with you? \_\_\_\_\_
- Why did you pick me to be your sponsor? \_\_\_\_\_
- What kind of support would you like from your sponsor? \_\_\_\_\_

### **Closing Prayer**

Come Holy Spirit, fill the hearts of your faithful and kindle in us the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.

### **End with the Sign of the Cross**

Confirmandi Name \_\_\_\_\_

Sponsor Name \_\_\_\_\_

Parent Signature and Date \_\_\_\_\_