

Fresh, Healthy, Good Food  
Every Day!



October 2018 Annunciation K-8 Menu

this institution is an equal opportunity provider

Week 5	Monday, October 1, 2018	Tuesday, October 2, 2018	Wednesday, October 3, 2018	Thursday, October 4, 2018	Friday, October 5, 2018
<b>Hot Lunch</b>	<b>Golden Chicken Patty Sandwich</b> Ketchup & Mayo Leaf Lettuce & Pickle Rounds Fyunyuns Varietal Apple	<b>Corn Dog</b> Cheetos Chilled Corn Salad Banana	<b>Spaghetti &amp; Meatsauce</b> Dinner Roll Caesar Salad & Dressing Chilled Grapes	<b>Pulled BBQ Chicken Sandwich</b> Bag of Munchies Baby Carrots & Dip Chilled Pineapple	<b>Brunch Lunch</b> Belgian Waffle Margarine & Syrup Cucumbers & Dip Fresh Orange Wedges
<b>Sandwich Deli Salad</b>	Salami & Lettuce Bun Grilled Chicken Caesar	Turkey & Provolone on Wheat Grilled Asian Chicken Salad	Salami, Cheddar & Lettuce on Ciabatta Grilled Chicken Southwest Taco	Ham & Lettuce on Wheat Grilled Bistro Chicken Salad	Turkey w/Lettuce on White Grilled Chicken Power Salad
Week 6	Monday, October 8, 2018	Tuesday, October 9, 2018	Wednesday, October 10, 2018	Thursday, October 11, 2018	Friday, October 12, 2018
<b>Hot Lunch</b>	<b>Chicken Nuggets</b> Ketchup or Ranch Dip Dinner Roll w/ Margarine Dinner Salad w/Mixins & Dressing Varietal Apple	<b>Brunch Lunch</b> Pancakes & Syrup Sausage Links Broccoli Salad w/Sun Seeds & Craisins Banana	<b>Queso Meatball Nachos</b> Corn Chips Shredded Lettuce, Tomatoes & Cheese Sour Cream & Cholula Hot Sauce Chilled Grapes	<b>Cheeseburger</b> Bun, Ketchup & Pickle Rounds Doritos Cool Ranch Carrots & Dip Chilled Pineapple	<b>Garlic Knots &amp; Marinara</b> Cucumbers & Ranch Fresh Orange Wedges
<b>Sandwich Deli Salad</b>	Salami & Lettuce Bun Grilled Chicken Caesar	Turkey & Provolone on Wheat Grilled Asian Chicken Salad	Salami, Cheddar & Lettuce on Ciabatta Grilled Chicken Southwest Taco	Ham & Lettuce on Wheat Grilled Bistro Chicken Salad	Turkey w/Lettuce on White Grilled Chicken Power Salad
Week 1	Monday, October 15, 2018	Tuesday, October 16, 2018	Wednesday, October 17, 2018	Thursday, October 18, 2018	Friday, October 19, 2018
<b>Hot Lunch</b>	<b>Chicken Patty Sandwich</b> Bun & Ketchup Garden Salsa Sun Chips Mixed Greens Salad w/Toppings & Dressing Varietal Apple	<b>Soft Shell Beef Taco w/Flour Tortilla</b> Shredded Lettuce & Cheese Sour Cream & Cholula Hot Sauce Frito Corn Chips Banana	NO SCHOOL MEA	NO SCHOOL MEA	MEA
<b>Sandwich Deli Salad</b>	Salami & Lettuce Bun Grilled Chicken Caesar	Turkey & Provolone on Wheat Grilled Asian Chicken Salad			
Week 2	Monday, October 22, 2018	Tuesday, October 23, 2018	Wednesday, October 24, 2018	Thursday, October 25, 2018	Friday, October 26, 2018
<b>Hot Lunch</b>	<b>Old Fashioned Sloppy Joe</b> Doritos Cool Ranch Baby Carrots & Dip Varietal Apple	<b>Penne Pasta w/Meatballs</b> Garlic Toast Crisp Iceberg Salad w/Cheese & Croutons Banana	<b>Chicken Tenders</b> Biscuit w/Margarine Broccoli & Dip Chilled Grapes	<b>Homemade Mac &amp; Cheese</b> Dinner Roll w/Margarine Cucumber Slices & Ranch Chilled Pineapple	PAPA JOHN'S PIZZA DAY
<b>Sandwich Deli Salad</b>	Salami & Lettuce Bun Grilled Chicken Caesar	Turkey & Provolone on Wheat Grilled Asian Chicken Salad	Salami, Cheddar & Lettuce on Ciabatta Grilled Chicken Southwest Taco	Ham & Lettuce on Wheat Grilled Bistro Chicken Salad	
Week 3	Monday, October 29, 2018	Tuesday, October 30, 2018	Wednesday, October 31, 2018	Thursday, November 1, 2018	Friday, November 2, 2018
<b>Hot Lunch</b>	<b>Old Fashioned Hamburger</b> Ketchup, Mayo & Pickles Cheetos Mixed Greens Salad w/Toppings & Dressing Varietal Apple	<b>Taco Beef Nachos</b> Corn Tortilla Chips, Shredded Lettuce & Cheese Diced Tomato Cholula Hot Sauce & Sour Cream Banana	<b>Sweet &amp; Sour Chicken</b> Steamed Rice Cucumbers & Dip Chilled Grapes		
<b>Sandwich Deli Salad</b>	Salami & Lettuce Bun Grilled Chicken Caesar	Turkey & Provolone on Wheat Grilled Asian Chicken Salad	Salami, Cheddar & Lettuce on Ciabatta Grilled Chicken Southwest Taco		

Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at [www.ckcgoodfood.com](http://www.ckcgoodfood.com)

Skim & 1% Milk choices offered daily