



Dear Annunciation School Parents,

I am excited to share with you information about a new program in our school:

4HG—For His Glory! The Catholic Schools Center of Excellence (CSCOE), working with other local professional athletes, have developed the 4HG program to create a healthy sports culture in Catholic schools. We believe athletics, when done right, serve as an invaluable tool for developing well-rounded children.

In our Catholic schools, students should be encouraged to play all sports. 4HG will equip coaches with tools to ensure kids have fun and improve while keeping a Christian focus. Effort and teamwork are emphasized and valued above talent and results. 4HG reinforces that the family is central and sports should fit around the family, not vice versa. 4HG sports programs will be a viable alternative to expensive and time consuming traveling leagues. 4HG will aid us in the mission of cultivating excellence within our students. The 4HG program will help us live our mission and vision – “to foster each child’s potential to create a better world through faith, virtue, knowledge, and service to others” through our athletic teams.

Sports are good. Studies have shown that kids who play score up to 40% higher on tests and are 15% more likely to go to college. They are less likely to engage in at risk behaviors, use drugs, or suffer from depression. Student athletes have a lower risk of obesity and better overall fitness. They develop lifelong values and important character traits, all while creating memories that will last a lifetime. If your child has indicated an interest in sports but hesitated joining a team, this program will encourage him or her to play for the right reason.

Through 4HG, our student athletes will commit to following the 4HG Student Code of Conduct. The logo will be displayed as reminders of their pledge to do their best, regardless of the outcome. Most of all, they will learn principles and virtues that will guide them toward the true purpose of athletics, using their God-given talents to participate with gratitude, grit, bravery, teamwork, and humility, while always playing For His Glory. To learn more about 4HG, please visit www.4HG.co.

We are excited to begin this initiative at Annunciation. In the coming days, I encourage you to visit the 4HG website, review the 4HG Credo Card, pledge to abide by the Parent’s Creed, and engage in conversation with your child about what he or she is learning through 4HG.

Sincerely,

Jennifer M. Cassidy, Principal